500 CAL OR LESS *Menu*

SUBS
Black Angus Steak
Steak Bacon & Swiss
Honey Bourbon Chicken
Pesto Caesar
Turkey Ranch & Swiss
Turkey Lite
Ultimate Turkey Club
The Traditional
Spicy Monterey
Tuna
Veggie Guacamole

SALADS
BBQ Ranch Chicken
Apple Harvest Chicken
Honey Mustard Chicken
Peppercorn Caesar
Italian

GRILLED FLATBREADS
Sonoma Turkey
Chicken Bacon Ranch
Honey Bourbon Chicken
Basil Pesto Chicken

SOUPS of the Day

QUIZNOS® CATERING

SUBS
Box Lunch
Includes choice of a Classic or Chicken recipe, chips and a chocolate chunk cookie
[SMALL Sub] [REGULAR Sub]

Tray
Includes a mix of either Classic or Chicken recipes and is served with plates, napkins and pepper bar
[REGULAR serves 5] [LARGE serves 10]

Party Sub
6 foot sub in your choice of Classic or Chicken recipe. Select one recipe or mix to create a Classic or Chicken combo. [serves 20]

Select from:
CLASSIC RECIPE: Classic Italian, The Traditional, Turkey Ranch & Swiss, Ultimate Turkey Club, Veggie Guacamole
CHICKEN RECIPE: Baja, Mesquite, Honey Mustard

CIABATTAS
Box Lunch
Includes your choice of a Classic or Chicken recipe, chips and a chocolate chunk cookie

Tray
Includes a mix of either Classic or Chicken recipes and is served with plates, napkins and pepper bar
[REGULAR serves 5]

Select from:
CLASSIC RECIPES: Classic Italian, The Traditional, Turkey Ranch & Swiss, Ultimate Turkey Club, Veggie Guacamole
CHICKEN RECIPES: Baja, Mesquite, Honey Mustard

GRILLED FLATBREADS
Box Lunch
Includes 2 Grilled Flatbreads, chips and a chocolate chunk cookie

Tray
Includes a mix of Grilled Flatbreads and is served with plates, napkins and pepper bar
[REGULAR serves 5] [LARGE serves 10]

Select from:
Sonoma Turkey, Chicken Bacon Ranch, Honey Bourbon Chicken, Basil Pesto Chicken

SALADS & WRAPS
Box Lunch
Includes large salad or wrap and a chocolate chunk cookie

Bowls
Includes your choice of any salad and is served with plates, napkins and forks
[REGULAR serves 5]

Select from:
BBQ Ranch Chicken, Apple Harvest Chicken, Honey Mustard Chicken, Peppercorn Caesar, Italian

TOASTY® PASTAS
Trays
Includes your choice of pasta and is served with plates, utensils and napkins
[REGULAR serves 5]

Select from:
Mac & Cheese, Mac & Cheese with Bacon, Meatball Marinara, Chicken Pesto

SIDES
Serves 10 and includes plates, utensils and napkins

Pasta Salad
Fresh Garden Salad
Soup
Assorted Chips
Brownies
Cookies
Assorted Dessert Tray
Assorted Bottled Beverages [for 5]
Bottled Juices [for 5]

Quiznos

Quiznos.com

BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.

Menu items and prices are subject to change.
For franchise information, call 1.800.DELI.SUB
Customer comments, call 1.866.4.TOASTED

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QE0115-PAPERMENU

FLAVORIFIC MENU

CHEF-CREATED RECIPES
[flavor + terrific]
pepper bar
ARTISAN BREADS & ALL-NATURAL CHEESES
MMMMM
FRESH
INSPIRED
DELICIOUS
UNIQUE
TOASTY
SAVORFUL
[savory + flavorful]
QUIZNOS
SIGNATURE SAUCES
fresh ingredients
mmmmm...
TOASTY
[toasty + terrific]
TOASTERRIFIC
MMMMM
Quiznos®

STEAK SUBS

Black Angus Steak (500 OR LESS)
with mozzarella, cheddar, sautéed mushrooms & onions, honey bourbon mustard, grille sauce on rosemary parmesan

Peppercorn Steak
with mozzarella, sautéed onions, peppercorn sauce

Steak Bacon & Swiss (500 OR LESS)
with sautéed onions, mayo

Chipotle Steak & Cheddar
with sautéed peppers & onions, chipotle mayo on jalapeño cheddar

CHICKEN SUBS

Mesquite
with bacon, cheddar, lettuce, tomatoes, onions, ranch

Pesto Caesar (500 OR LESS)
with mozzarella, parmesan, romano, asiago, seasonal greens, tomatoes, basil pesto, peppercorn caesar on rosemary parmesan

Baja
with bacon, cheddar, onions, BBQ sauce, chipotle mayo

Carbonara
with bacon, mozzarella, sautéed mushrooms, parmesan alfredo sauce

Honey Mustard
with bacon, Swiss, lettuce, tomatoes, onions

Honey Bourbon (500 OR LESS)
with seasonal greens, tomatoes, onions, honey bourbon mustard, grille sauce on artisan wheat

500 OR LESS — These subs, flatbreads, salads and soups are on our **lighter side.** The small sizes are **500 calories or less.**

TURKEY SUBS

Turkey Ranch & Swiss (500 OR LESS)
with lettuce, tomatoes, onions

Turkey Bacon Guacamole
with mozzarella, lettuce, tomatoes, onions, ranch

Turkey Lite (500 OR LESS)
with lettuce, tomatoes, onions, cucumbers, fat-free balsamic vinaigrette on artisan wheat

Ultimate Turkey Club (500 OR LESS)
with bacon, cheddar, lettuce, tomatoes, mayo

DELI CLASSICS

Classic Italian
Pepperoni, salami, capicola, ham, mozzarella, lettuce, black olives, tomatoes, onions, red wine vinaigrette

The Traditional (500 OR LESS)
Roast beef, turkey, ham, cheddar, lettuce, black olives, tomatoes, onions, ranch

Spicy Monterey (500 OR LESS)
Turkey, ham, mozzarella, pickles, lettuce, tomatoes, mayo, four pepper chili sauce

Honey Bacon Club
Turkey, ham, bacon, Swiss, lettuce, tomatoes, onions, honey-french dressing

Tuna (500 OR LESS)
with cheddar, lettuce, tomatoes, red wine vinaigrette

Veggie Guacamole (500 OR LESS)
with cheddar, mozzarella, choice of veggies, red wine vinaigrette

Italian Meatball
with double mozzarella, marinara

MAKE IT A MEAL

with chips & regular fountain drink | with small soup & regular fountain drink

SALADS & WRAPS

[WRAP A SALAD IN AN HERB TORTILLA]

BBQ Ranch Chicken (500 OR LESS)
Chicken, cheddar, tomatoes, onions, croutons, BBQ ranch dressing

Apple Harvest Chicken (500 OR LESS)
Honey-dijon chicken salad, apples, dried cranberries, cucumbers, tomatoes, pumpkin seeds, croutons, acai vinaigrette

Honey Mustard Chicken (500 OR LESS)
Chicken, bacon, cheddar, tomatoes, croutons, honey mustard dressing

Peppercorn Caesar (500 OR LESS)
Chicken, 3-cheese blend, tomatoes, croutons, peppercorn caesar dressing

Italian (500 OR LESS)
Italian meats, mozzarella, 3-cheese blend, cucumbers, olives, tomatoes, onions, croutons, red wine vinaigrette

GRILLED FLATBREADS

Sonoma Turkey (500 OR LESS)
with cheddar, lettuce, tomatoes, chipotle mayo

Chicken Bacon Ranch (500 OR LESS)
with Swiss, lettuce, tomatoes

Honey Bourbon Chicken (500 OR LESS)
with lettuce, tomatoes, onions, honey bourbon mustard, grille sauce

Basil Pesto Chicken (500 OR LESS)
with mozzarella, lettuce, tomatoes, basil pesto

CHOOSE 2® mix & match any 2

Salad [small]

Grilled Flatbread

Soup [regular]

SOUPS of the Day (500 OR LESS)

TOASTY® PASTAS

Mac & Cheese
with romano, parmesan, provolone and fontina cheeses, breadcrumbs

Mac & Cheese with Bacon

Meatball Marinara
with mozzarella, 3-cheese blend

Chicken Pesto
with 3-cheese blend, balsamic tomatoes

KIDS

includes small fountain drink, activity & chips or kids cookie
[FOR 12 & UNDER]

PASTAS

Mac & Cheese
with romano, parmesan, provolone and fontina cheeses

Meatball Marinara
with mozzarella, 3-cheese blend

FLATBREAD FOLDABLES

Marinara Melt
with mozzarella

Triple Play Cheese Melt
with mozzarella, cheddar, Swiss

Create Your Own Flatbread
with choice of turkey or ham, cheese, dressing, veggies

SUBS

Monster Meatball
with marinara, mozzarella

Turkey & Cheese
with choice of dressing, veggies

Ham & Cheese
with choice of dressing, veggies