SUBS GET LONELY TOO.

MAKE IT A COMBO:
Add Chips & A Regular Fountain Drink

ADD 120–690 CAL

2,000 calories a day is used for general nutrition advice, but calorie needs vary

FOR THE KIDS
Includes kids sub or flatbread, side and kids drink

HAM & CHEESE
CAL 420 – 860

TURKEY & CHEESE
CAL 410 – 850

TRIPLE CHEESE
CAL 450 – 880

CATERING
To order catering, go to: QUIZNOS.COM/CATERING or CALL YOUR LOCAL QUIZNOS®

SUB & FLATBREAD TRAYS
Sub Trays serve 8-12 (twenty 3" Sub pieces)
Flatbread Trays serve 7-10 (fourteen flatbreads, cut in half)

CLASSIC QUIZNOS Mix of Classic Italian, Turkey Ranch & Swiss, Honey Mustard Chicken, Mesquite Chicken
CAL SUBS 6320 / FLATBREADS 5840

MEATY Mix of Classic Italian, Traditional, Baja Chicken
CAL SUBS 6240 / FLATBREADS 5940

BOLD BUNCH Mix of Classic Italian, Ultimate Turkey Club, Traditional, Baja Chicken, Mesquite Chicken
CAL SUBS 6100 / FLATBREADS 5870

FRESH FIX Mix of Turkey Ranch & Swiss, Honey Mustard Chicken, Veggie Guacamole
CAL SUBS 5890 / FLATBREADS 5520

CIABATTA TOASTIE TRAYS
Serves 7-10 (nine ciabattas, cut in half)
Mix of Little Italy, Southwest Club, Ham & Swiss
CAL 4660

BOX LUNCHES
REGULAR SANDWICH BOX LUNCH Includes choice of an 8" sub or 2 flatbreads, chips and a chocolate chunk cookie
CAL 960 – 1400

SMALL SANDWICH BOX LUNCH Includes choice of a 4" sub, 1 flatbread or Ciabatta Toastie, chips and a chocolate chunk cookie
CAL 640 – 1050

SALAD BOX LUNCH Includes choice of full salad and a chocolate chunk cookie
CAL 660 – 750

SALAD BOWLS
Includes your choice of any salad & served with herb toast (serves 5)
BBQ CHICKEN RANCH CAL 2250
CHEF SALAD CAL 2610
HONEY MUSTARD CHICKEN CAL 2550
APPLE HARVEST CHICKEN CAL 3270
FRESH GARDEN CAL 1670

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FOR FRANCHISE INFORMATION, CALL 1.800.DELI.SUB
CUSTOMER COMMENTS, CALL 1.866.4.TOASTED
# CLASSICS

**SPICY MONTEREY**
Turkey, ham, mozzarella, pickles, lettuce, tomatoes, mayo, four pepper chili sauce
CAL 4" SUB 320 / 8" SUB 630 / 12" SUB 950 / FLATBREAD 320

**TURKEY RANCH & SWISS**
with lettuce, tomatoes, onions
CAL 4" SUB 350 / 8" SUB 700 / 12" SUB 1060 / FLATBREAD 360

**TUNA MELT**
Tuna salad, cheddar, pickles, tomatoes
CAL 4" SUB 330 / 8" SUB 660 / 12" SUB 990 / FLATBREAD 330

**VEGGIE GUACAMOLE**
with cheddar, mozzarella, black olives, cucumbers, mushrooms, green peppers, lettuce, tomatoes, onions, red wine vinaigrette
CAL 4" SUB 410 / 8" SUB 840 / 12" SUB 1240 / FLATBREAD 420

**CLASSIC ITALIAN**
Pepperoni, salami, capicola, ham, mozzarella, black olives, lettuce, tomatoes, onions, red wine vinaigrette
CAL 4" SUB 470 / 8" SUB 930 / 12" SUB 1410 / FLATBREAD 470

**PREMIUM**

**CHIPOTLE TURKEY**
with cheddar, lettuce, tomatoes, onions, chipotle mayo
CAL 4" SUB 400 / 8" SUB 800 / 12" SUB 1230 / FLATBREAD 420

**ULTIMATE TURKEY CLUB**
with bacon, cheddar, lettuce, tomatoes, mayo
CAL 4" SUB 400 / 8" SUB 790 / 12" SUB 1200 / FLATBREAD 400

**HONEY BACON CLUB**
Turkey, ham, Swiss, lettuce, tomatoes, onions, honey-french dressing
CAL 4" SUB 440 / 8" SUB 880 / 12" SUB 1330 / FLATBREAD 450

**TURKEY BACON GUACAMOLE**
with mozzarella, lettuce, tomatoes, onions, ranch
CAL 4" SUB 440 / 8" SUB 890 / 12" SUB 1340 / FLATBREAD 450

**TRADITIONAL**
Black angus steak, turkey, ham, cheddar, black olives, lettuce, tomatoes, onions, ranch
CAL 4" SUB 370 / 8" SUB 740 / 12" SUB 1120 / FLATBREAD 380

# CHICKEN

**BAJA CHICKEN**
with bacon, cheddar, onions, BBQ sauce, chipotle mayo
CAL 4" SUB 410 / 8" SUB 780 / 12" SUB 1190 / FLATBREAD 420

**HONEY MUSTARD CHICKEN**
with bacon, Swiss, lettuce, tomatoes, onions
CAL 4" SUB 440 / 8" SUB 830 / 12" SUB 1260 / FLATBREAD 450

**CHICKEN CARBONARA**
with bacon, mozzarella, sautéed mushrooms, parmesan alfredo sauce
CAL 4" SUB 450 / 8" SUB 860 / 12" SUB 1320 / FLATBREAD 450

**SOUTHWEST CHICKEN**
with cheddar, guacamole, chipotle mayo
CAL 4" SUB 430 / 8" SUB 860 / 12" SUB 1310 / FLATBREAD 440

**MESQUITE CHICKEN**
with bacon, cheddar, lettuce, tomatoes, onions, ranch
CAL 4" SUB 410 / 8" SUB 780 / 12" SUB 1180 / FLATBREAD 420

# STEAK

**PEPPERCORN STEAK**
with mozzarella, sautéed onions, peppercorn sauce
CAL 4" SUB 420 / 8" SUB 840 / 12" SUB 1290 / FLATBREAD 440

**CHIPOTLE STEAK & CHEDDAR**
with sautéed peppers & onions, chipotle mayo
CAL 4" SUB 420 / 8" SUB 840 / 12" SUB 1290 / FLATBREAD 440

**FRENCH DIP**
Black angus steak, Swiss, sautéed onions, creamy horseradish, side of au jus
CAL 4" SUB 400 / 8" SUB 760 / 12" SUB 1140 / FLATBREAD 400

**BLACK ANGUS STEAKHOUSE**
with mozzarella, cheddar, sautéed mushrooms & onions, zesty grille sauce on rosemary parmesan bread
CAL 4" SUB 390 / 8" SUB 780 / 12" SUB 1170 / FLATBREAD 390

# SALADS

**Served with herb toast**  CAL 160

**BBQ CHICKEN RANCH**
with bacon, cheddar, tomatoes, onions, BBQ drizzle, ranch
CAL HALF 330 / FULL 460

**CHEF SALAD**
Turkey, ham, bacon, Swiss, tomatoes, cucumbers, ranch
CAL HALF 360 / FULL 510

**HONEY MUSTARD CHICKEN**
with bacon, cheddar, tomatoes, honey mustard dressing
CAL HALF 420 / FULL 550

**APPLE HARVEST CHICKEN**
Honey-dijon chicken salad, apples, dried cranberries, cucumbers, tomatoes, pumpkin seeds, acai vinaigrette
CAL HALF 340 / FULL 540

# PAIR UP

PAIR ANY 2

| 4” SUB OR FLATBREAD & HALF SALAD | CAL 650–890 |
| 4” SUB OR FLATBREAD & REGULAR SOUP | CAL 440–760 |
| HALF SALAD & REGULAR SOUP | CAL 450–710 |

**CIABATTA TOASTIES™**

**LITTLE ITALY**
Pepperoni, salami, capicola, ham, mozzarella, black olives, lettuce, tomatoes, onions, red wine vinaigrette
CAL 560

**SOUTHWEST CLUB**
Turkey, bacon, lettuce, tomatoes, chipotle mayo
CAL 510

**HAM & SWISS**
with lettuce, tomatoes, onions, honey mustard dressing
CAL 490

**SOUPS**  CAL SMALL 70–160 / REGULAR 120–290

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