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To Resolve Or Not Resolve – That Is The Question

*With the Limited Time Honey Bourbon Chicken and Steakhouse Beef Dip Sandwiches,
Quiznos Has You Covered Either Way*

DENVER – 1/8/2013 – Everyone talks about New Year's Resolutions, but no one wants to sacrifice. Wouldn't it be nice if you didn't have to decide? With Quiznos' two, chef-inspired limited time offers, sandwich lovers everywhere can stop worrying and just enjoy.

For the Resolutioners: **Quiznos Honey Bourbon Chicken Sandwich**

Far from a typical January compromise, with under 400 calories for a small-sized sub, the new Honey Bourbon Chicken Sandwich keeps New Year's resolutions on track without sacrificing flavor. Paired with the new Honey Bourbon Mustard and Zesty Grille Sauce, Quiznos signature Oven-Roasted Chicken is topped off with ripe tomatoes, fresh cut red onions, crisp lettuce, served up on our artisan bread and toasted the way only Quiznos can.

And for the Rest of Us: **Quiznos Steakhouse Beef Dip Sandwich**

The new Steakhouse Beef Dip takes your food beyond traditional, boldly dipping into deliciousness. A perfect flavor experience, the new sandwich features a generous portion of thin sliced Black Angus Steak, a new signature French Onion sauce, melted All-Natural Swiss Cheese, toasted Garlic Focaccia, all served with a side of Au Jus dipping sauce and toasted to perfection.

Quiznos, one of the nation's premier quick-service restaurants, is the pioneer of the toasted sandwich. Each sandwich is available for a limited time at participating locations.

About Quiznos

Denver-based Quiznos is a chain designed for today's busy consumers who are looking for a high quality, tasty, freshly prepared alternative to traditional fast-food restaurants. With locations in 50 states and 25 countries, Quiznos is one of the nation's premier quick-service restaurant chains and pioneer of the toasted sandwich, Quiznos restaurants offer creative, chef-created sandwiches and salads using premium ingredients. Quiznos was founded in 1981 by chefs who discovered that toasting brought out the best in every sandwich ingredient. For more information, please visit www.quiznos.com.

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