QUIZNOS 2013 WILD WILD WES NUTRITIONALS

Only vaild for participating stores in Colorado

updated 8.19.13

Wild Wild Wes Smoked turkey, pepper jack cheese, tri-color peppers, seasonal greens, tomatoes, signature Batch 83 sauce on jalapeno cheddar bread

small

	Calories	Fat Calories	Fat (g)	Saturated Fat (g)	Total TransFat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Base*	330	80	9.5	3.5	0	30	1225	42	2	6	21
Cheese	50	40	4.5	2.5	0	15	75	0	0	0	4
Dressing	30	0	0	0	0	0	110	7	0	6	0
Total	410	120	14	6	0	45	1410	49	2	12	25

regular

	Calories	Fat Calories	Fat (g)	Saturated Fat (g)	Total TransFat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Base*	520	130	15	5	0	45	1905	68	4	9	32
Cheese	80	60	6	4	0	20	115	0	0	0	6
Dressing	50	0	0	0	0	0	180	12	0	10	0
Total	650	190	21	9	0	65	2200	80	4	19	38

large

	Calories	Fat Calories	Fat (g)	Saturated Fat (g)	Total TransFat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Base*	730	180	20	7	0	65	2620	97	6	13	43
Cheese	110	80	9	5	0	25	150	0	0	0	8
Dressing	70	0	0	0	0	0	260	17	0	13	1
Total	910	260	29	12	0	90	3030	114	6	26	52

*Base represents product before adding cheese and dressing