

QUIZNOS
Allergen Table

Updated 6.27.19

	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Soybeans	Wheat	Unrefined Oil	Grains	Seeds	Gluten	Sulfites	MSG	HVP	Colorings	Crustaceans	Mollusks
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BREAD

White								X				X						
Wheat								X				X						
Rosemary Parmesan	X							X				X						
Jalapeno Cheddar	X							X				X						
Grilled Flatbread								X				X						

CHEESE

Cheddar	X																X	
Feta	X																	
Mozzarella	X																	
Swiss	X																	

DRESSINGS & SAUCES

Apple Cider Vinaigrette		X																
Bacon Alfredo	X	X					X								X			
BBQ Sauce Blue Ribbon																		
Buttermilk Ranch	X	X												X				
Chipotle Mayo		X																
Four Pepper Chili Sauce													X				X	
Herb Oil																		
Honey French													X					
Honey Mustard		X															X	
Horseradish		X																
Lite Mayo		X																
Peppercorn Sauce	X	X					X								X			
Red Wine Vinaigrette	X										X						X	
Tzatziki Sauce																		
Zesty Grill Sauce													X					

PROTEINS

Brisket - LTO

Bacon													X					
Black Angus							X	X				X	X		X	X		
Capicola																		
Chicken																		
Gyro Meat							X	X				X						
Ham																		
Lobster & Seafood Salad	X	X	X	X			X			X		X			X	X	X	
Meatballs	X	X					X	X		X		X				X		
Pepperoni																		
Pork																		
Salami													X					
Turkey																		
Tuna			X															

CONDIMENTS & MISCELLANEOUS SIDES

Au Jus	X						X											
Banana Peppers													X			X		
Black Olives																		
Chicken Broth													X					

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	Guacamole																	
Jalapeno Peppers													X					
Pepperoncini Peppers													X			X		
Pickles																X		
CLASSICS																		
Italian	X							X				X	X			X		
Turkey Ranch & Swiss	X	X						X				X		X				
Spicy Monterey	X	X						X				X	X			X		
Tuna Melt	X	X	X					X				X				X		
Veggie Guacamole	X							X				X	X			X		
PREMIUM																		
Chipotle Turkey	X	X						X				X				X		
Ultimate Turkey Club	X	X						X				X				X		
Honey Bacon Club	X							X				X	X					
Turkey Bacon Guacamole	X	X						X				X		X				
Traditional	X	X					X	X				X		X	X	X		
Italian Meatball**	X	X					X	X										
CHICKEN																		
Mesquite	X	X						X				X	X	X		X		
Baja	X	X						X				X	X			X		
Carbonara	X	X				X	X	X				X	X		X			
Honey Mustard	X	X						X				X	X			X		
Southwest	X	X						X				X				X		
Apple Harvest		X						X				X				X		
STEAK																		
Black Angus Steakhouse	X						X	X				X	X		X	X		
Peppercorn Steak	X	X					X	X				X	X		X	X		
French Dip	X	X					X	X				X	X		X	X		
Chipole Steak & Cheddar	X	X					X	X				X	X		X	X		
SALADS																		
Apple Harvest Salad		X					X				X					X		
Chef Inspired Salad	X	X												X				
Italian Salad	X	X									X					X		
SOUP																		
Broccoli Cheese	X						X	X				X			X	X		
Chicken Noodle	X	X					X	X				X						
Chili							X	X				X						