

QUIZNOS



QUEST TO FIND FLAVOR
SINCE 1981

ALLERGEN INFORMATION

| | Milk | Eggs | Fish | Shellfish | Tree Nuts | Peanuts | Soybeans | Wheat | Unrefined Oil | Grains | Seeds | Gluten | Sulfites | MSG | HVP | Colorings | Crustaceans | Mollusks |
|-------------------------------------|------|------|------|-----------|-----------|---------|----------|-------|---------------|--------|-------|--------|----------|-----|-----|-----------|-------------|----------|
| WHITE BREAD | | | | | | | | X | | | | X | | | | | | |
| WHEAT BREAD | | | | | | | | X | | | | X | | | | | | |
| ROSEMARY PARMESAN BREAD | X | | | | | | | X | | | | X | | | | | | |
| JALAPENO CHEDDAR BREAD | X | | | | | | | X | | | | X | | | | | | |
| GRILLED FLATBREAD BREAD | | | | | | | | X | | | | X | | | | | | |
| CHEDDAR CHEESE | X | | | | | | | | | | | | | | | X | | |
| PROVOLONE CHEESE | X | | | | | | | | | | | | | | | | | |
| SWISS CHEESE | X | | | | | | | | | | | | | | | | | |
| APPLE CIDER VINAIGRETTE | | X | | | | | | | | | | | | | | | | |
| BACON ALFREDO SAUCE | X | X | | | | | X | | | | | | | | X | | | |
| BUTTERMILK RANCH | X | X | | | | | | | | | | | | X | | | | |
| CHIPOTLE MAYO | | X | | | | | | | | | | | | | | | | |
| FOUR PEPPER CHILI SAUCE | | | | | | | | | | | | | X | | | X | | |
| HONEY FRENCH | | | | | | | | | | | | | X | | | | | |
| HONEY MUSTARD | | X | | | | | | | | | | | | | | X | | |
| HORSERADISH | | X | | | | | | | | | | | | | | | | |
| LITE MAYO | | X | | | | | | | | | | | | | | | | |
| PEPPERCORN SAUCE | X | X | | | | | X | | | | | | | | X | | | |
| SAUERKRAUT | | | | | | | | | | | | | | | | | | |
| THOUSAND ISLAND | | X | | | | | | | | | | | | | | | X | |
| RED WINE VINAIGRETTE | X | | | | | | | | | | X | | | | | | X | |
| YELLOW MUSTARD | | | | | | | | | | | | | | | | | | |
| ZESTY GRILL SAUCE | | | | | | | | | | | | | X | | | | | |
| BACON | | | | | | | | | | | | | X | | | | | |
| BLACK ANGUS | | | | | | | X | X | | | | X | X | | X | X | | |
| CAPICOLA | | | | | | | | | | | | | | | | | | |
| CHICKEN | | | | | | | | | | | | | | | | | | |
| HAM | | | | | | | | | | | | | | | | | | |
| LOBSTER & SEAFOOD SALAD | X | X | X | X | | | X | | | X | | X | | | X | X | X | |
| MEATBALLS | X | X | | | | | X | X | | X | | X | | | | X | | |
| PASTRAMI | | | | | | | | | | | | | | | | | | |
| PEPPERONI | | | | | | | | | | | | | | | | | | |
| SALAMI | | | | | | | | | | | | | X | | | | | |
| TURKEY | | | | | | | | | | | | | | | | | | |
| TUNA | | | X | | | | | | | | | | | | | | | |
| PORK LOIN | | | | | | | | | | | | | | | | X | | |
| AU JUS | X | | | | | | X | | | | | | | | | | | |
| BANANA PEPPERS | | | | | | | | | | | | | X | | | X | | |
| BLACK OLIVES | | | | | | | | | | | | | | | | | | |
| CHICKEN BROTH | | | | | | | | | | | | | X | | | | | |
| GUACAMOLE | | | | | | | | | | | | | | | | | | |
| JALAPENO PEPPERS | | | | | | | | | | | | | X | | | | | |
| PEPPERONCINI PEPPERS | | | | | | | | | | | | | X | | | X | | |
| PICKLES | | | | | | | | | | | | | | | | X | | |
| SUBS | | | | | | | | | | | | | | | | | | |
| ITALIAN | X | | | | | | | X | | | | X | X | | | X | | |
| TURKEY RANCH & SWISS | X | X | | | | | | X | | | | X | | X | | | | |
| SPICY MONTEREY | X | X | | | | | | X | | | | X | X | | | X | | |
| TUNA MELT | X | X | X | | | | | X | | | | X | | | | X | | |
| VEGGIE GUACAMOLE | X | | | | | | | X | | | | X | X | | | X | | |
| CHIPOTLE TURKEY | X | X | | | | | | X | | | | X | | | | X | | |
| ULTIMATE TURKEY CLUB | X | X | | | | | | X | | | | X | | | | X | | |
| HONEY BACON CLUB | X | | | | | | | X | | | | X | X | | | | | |
| TURKEY BACON GUACAMOLE | X | X | | | | | | X | | | | X | | X | | | | |
| TRADITIONAL | X | X | | | | | X | X | | | | X | | X | X | X | | |
| ITALIAN MEATBALL** | X | X | | | | | X | X | | | | | | | | | | |
| MESQUITE | X | X | | | | | | X | | | | X | X | X | | X | | |
| BAJA | X | X | | | | | | X | | | | X | X | | | X | | |
| CARBONARA | X | X | | | | | X | X | | | | X | X | | X | | | |
| HONEY MUSTARD | X | X | | | | | | X | | | | X | X | | | X | | |
| SOUTHWEST | X | X | | | | | | X | | | | X | | | | X | | |
| APPLE HARVEST | | X | | | | | | X | | | | X | | | | X | | |
| BLACK ANGUS STEAKHOUSE | X | | | | | | X | X | | | | X | X | | X | X | | |
| PEPPERCORN STEAK | X | X | | | | | X | X | | | | X | X | | X | X | | |
| FRENCH DIP | X | X | | | | | X | X | | | | X | X | | X | X | | |
| CHIPOTLE STEAK & CHEDDAR | X | X | | | | | X | X | | | | X | X | | X | X | | |
| CLASSIC LOBSTER | X | X | X | X | | | X | X | | X | | X | | | X | X | X | |
| OLD BAY LOBSTER | X | X | X | X | | | X | X | | X | | X | | | X | X | X | |
| SALADS & SOUPS | | | | | | | | | | | | | | | | | | |
| APPLE HARVEST SALAD | | X | | | | | X | | | | X | | | | | X | | |
| CHEF INSPIRED SALAD | X | X | | | | | | | | | | | | X | | X | | |
| ITALIAN SALAD | X | X | | | | | | | | | X | | | | | X | | |
| BROCCOLI CHEESE | X | | | | | | X | X | | | | X | | | X | X | | |
| CHICKEN NOODLE | X | X | | | | | X | X | | | | X | | | | | | |
| CHILI | | | | | | | X | X | | | | X | | | | | | |

* Product may be produced on shared equipment with other product containing allergens. Quiznos attempts to provide ingredient information regarding its products that is as complete as possible. The information contained in this document is based on standard product formulas. Variations may occur due to difference in suppliers, ingredient substitutions, recipe revisions and/or product production at the restaurant. Some menu items may not be available to all restaurants; test products, test formulations or regional item may not be included. All items are prepared in common areas and may contain trace amounts of ingredients contained in other products.

