## Quiznos Allergen Information

### Allergens
- **Milk**
- **Eggs**
- **Fish**
- **Shellfish**
- **Tree**
- **Nuts**
- **Peanuts**
- **Soybeans**
- **Wheat**
- **Unrefined Oil**
- **Grains**
- **Seeds**
- **Gluten**
- **Sulfites**
- **MSG**
- **HVP**
- **Colorings**
- **Crustaceans**
- **Mollusks**

### Menu Items

#### Subs
- **White Bread**
- **Wheat Bread**
- **Rosemary Parmesan Bread**
- **Jalapeno Cheddar Bread**
- **Burrata Flatbread Bread**
- **Rustic Rye**
- **Chimichurri Mayo**
- **Four Pepper Chili Sauce**
- **Honey French**
- **Honey Mustard**
- **Horseshi**
- **Lite Mayo**
- **Pepperoni Sauce**
- **Sauerbrat**
- **Thousand Island**
- **MO J Royal Vinaigrette**
- **Yellow Mustard**
- **Zesty Grill Sauce**
- **Bacon**
- **Black Angus**
- **Capicola**
- **Chicken**
- **Ham**
- **Bison**
- **Lobster & Seafood Salad**
- **Meatballs**
- **Pancetta**
- **Pepperoni**
- **Philly Steak**
- **Salami**
- **Turkey**
- **Tuna**
- **AU Jus**
- **Bacon Alfredo Sauce**
- **Buttermilk Ranch**
- **Chipotle Mayo**
- **Four Pepper Chili Sauce**
- **Honey French**
- **Honey Mustard**
- **Horseshi**
- **Lite Mayo**
- **Pepperoni Sauce**
- **Sauerbrat**
- **Thousand Island**
- **MO J Royal Vinaigrette**
- **Yellow Mustard**
- **Zesty Grill Sauce**
- **Bacon**
- **Black Angus**
- **Capicola**
- **Chicken**
- **Ham**
- **Bison**
- **Lobster & Seafood Salad**
- **Meatballs**
- **Pancetta**
- **Pepperoni**
- **Philly Steak**
- **Salami**
- **Turkey**
- **Tuna**
- **AU Jus**
- **Bacon Alfredo Sauce**
- **Buttermilk Ranch**
- **Chipotle Mayo**
- **Four Pepper Chili Sauce**
- **Honey French**
- **Honey Mustard**
- **Horseshi**
- **Lite Mayo**
- **Pepperoni Sauce**
- **Sauerbrat**
- **Thousand Island**
- **MO J Royal Vinaigrette**
- **Yellow Mustard**
- **Zesty Grill Sauce**

### Allergen Information

*Product may be produced on shared equipment with other products containing allergens. Quiznos attempts to provide ingredient information regarding its products that is as complete as possible. The information contained in this document is based on standard product formulas. Variations may occur due to differences in suppliers, ingredient substitutions, recipe versions, and/or product production at the restaurant. Some menu items may not be available to all restaurants; test products, test formulations or regional items may not be included. All items are prepared in common areas and may contain trace amounts of ingredients contained in other products.*