

# QUIZNOS

## ALLERGEN INFORMATION



QUEST TO FIND FLAVOR SINCE 1861

	MILK	EGGS	FISH	SHELLFISH	TREE NUTS	PEANUTS	SOYBEANS	WHEAT	UNREFINED OIL	GRAINS	SEEDS	GLUTEN	SULFITES	MSG	HVP	COLORINGS	CRUSTACEANS	MOLLUSKS
WHITE BREAD								X				X						
WHEAT BREAD								X				X						
ROSEMARY PARMESAN BREAD	X							X				X						
JALAPENO CHEDDAR BREAD	X							X				X						
GRILLED FLATBREAD BREAD								X				X						
CHEDDAR CHEESE	X															X		
PROVOLONE CHEESE	X																	
SWISS CHEESE	X																	
WHITE AMERICAN CHEESE	X						X											
APPLE CIDER VINAIGRETTE		X																
BACON ALFREDO SAUCE	X	X					X								X			
BUTTERMILK RANCH	X	X												X				
BLUE RIBBON BBQ																		
CHIPOTLE MAYO		X																
FOUR PEPPER CHILI SAUCE													X			X		
HONEY FRENCH													X					
HONEY MUSTARD		X														X		
HORSERADISH		X																
LITE MAYO		X																
MARINARA																		
PEPPERCORN SAUCE	X	X					X								X			
SAUERKRAUT																		
THOUSAND ISLAND		X															X	
RED WINE VINAIGRETTE	X										X						X	
YELLOW MUSTARD																		
ZESTY GRILL SAUCE													X					
BACON													X					
BLACK ANGUS							X	X				X	X		X	X		
CAPICOLA																		
CHICKEN																		
HAM																		
PRIME RIB	X							X				X				X		
LOBSTER & SEAFOOD SALAD	X	X	X	X			X			X		X			X	X	X	
MEATBALLS	X	X					X	X		X		X				X		
PASTRAMI																		
PEPPERONI																		
PHILLY STEAK							X											
SALAMI													X					
TURKEY																		
TUNA			X															
AU JUS	X						X											
BANANA PEPPERS													X			X		
CHERRY PEPPERS							X											
BLACK OLIVES																		
CHICKEN BROTH													X					
GUACAMOLE																		
JALAPENO PEPPERS													X					
PEPPERONCINI PEPPERS													X			X		
PICKLES																	X	
<b>SUBS</b>																		
ITALIAN	X							X				X	X				X	
TURKEY RANCH & SWISS	X	X						X				X	X	X			X	
SPICY MONTEREY	X	X						X				X	X				X	
TUNA MELT	X	X	X					X				X					X	
VEGGIE GUACAMOLE	X							X				X	X				X	
CHIPOTLE TURKEY	X	X						X				X					X	
ULTIMATE TURKEY CLUB	X	X						X				X					X	
HONEY BACON CLUB	X							X				X	X					
TURKEY BACON GUACAMOLE	X	X						X				X		X				
TRADITIONAL	X	X					X	X				X		X	X		X	
ITALIAN MEATBALL**	X	X					X	X										
MESQUITE	X	X						X				X	X	X			X	
BAJA	X	X						X				X	X				X	
CARBONARA	X	X					X	X				X	X		X			
HONEY MUSTARD	X	X						X				X	X			X		
SOUTHWEST	X	X						X				X					X	
APPLE HARVEST		X						X				X					X	
BLACK ANGUS STEAKHOUSE	X						X	X				X	X		X	X		
PEPPERCORN STEAK	X	X					X	X				X	X		X	X		
FRENCH DIP	X	X					X	X				X	X		X	X		
CHIPOTLE STEAK & CHEDDAR	X	X					X	X				X	X		X	X		
PRIME RIB XL	X	X					X	X									X	
PRIME ITALIAN	X						X	X				X	X				X	
<b>SALADS &amp; SOUPS</b>																		
APPLE HARVEST SALAD		X					X				X						X	
CHEF INSPIRED SALAD	X	X												X				
ITALIAN SALAD	X	X									X						X	
BROCCOLI CHEESE	X						X	X				X			X	X		
CHICKEN NOODLE	X	X					X	X				X						
CHILI							X	X				X						

\* Product may be produced on shared equipment with other product containing allergens. Quiznos attempts to provide ingredient information regarding its products that is as complete as possible. The information contained in this document is based on standard product formulas. Variations may occur due to difference in suppliers, ingredient substitutions, recipe revisions and/or product production at the restaurant. Some menu items may not be available to all restaurants; test products, test formulations or regional item may not be included. All items are prepared in common areas and may contain trace amounts of ingredients contained in other products.

